



Your BOCI Breakfast Bugle

February, 2021



Breakfast Optimist Club of Indianapolis - Founded in 1958
Serving the Youth of Indianapolis

The Breakfast Optimist Club of Indianapolis

Join us every 2nd and 4th
Mon. Evenings - 6:30 PM



5520 Castleton Corner Ln

February Meetings:

February 8th: ZOOM Video
Info Forthcoming via email

February 22nd: TBA

Upcoming Events:

Indiana South District meetings:

April 23-24, 2021, Holiday Inn,
Bloomington

August 13-14, 2021, Hilton Garden
Inn, Edinburgh

Quote of the Month

"Choose to be optimistic, it
feels better"- Dalai Lama XIV



Applied Optimism

Three things you can do every day to
increase happiness.

Positive Intent: Before getting out of
bed in the morning think of something
you will do that day to make a positive
difference in the world.

Mindfulness: Take time every day to
meditate. Even two minutes of focused
breathing has health benefits and will
refresh your mind. Take time to do this
in the middle of the day.

Gratitude: Before going to bed list
three things in a gratitude journal you
experienced that day for which you are
grateful. Focusing on positive
moments increases our awareness of
positive events and reduces our focus
on negative events

ZOOM Meetings Work

Even our speakers are able to do
ZOOM. Thanks to Dana Black for



talking to
us
recently.
Dana
was a
former

member and always has wonderful
thoughts about the political world here
in Central Indiana.



Optimists Turn Obstacles into Opportunities!



How to Get Your Pin

Last month in the Bugle you learned
about to 50th year of the Optimist
Foundation, and their 'Dime-a-Day'
program. This year they are asking
members to donate \$50 instead of the
\$36.50. When you
do, you will receive
this pin to show
you are supporting
the important work
the Foundation
does. See Elbert



Bradshaw and give him your check
made out to OIF for \$50!

Celebrate Optimist Day



#OptimistDay is
February 4, 2021

Make plans now to celebrate
#OptimistDay2021 with your Optimist
Club in your community. Show that
you are proud to be an Optimist by
wearing your Optimist-branded
apparel and sharing the Optimist
Creed with your community. Now
more than ever, you should Choose
Optimism.

[Get all your Optimist Day
Proclamation, Creed, Flyers, and
Press Releases Here](#)

Optimist Day Flyer

Info Column

Items welcomed for future newsletters. If you have something to contribute, send along to your Editor Rick Posson:
rick.posson@att.net

Club website
www.bocindy.com

District website:
www.indianaoptimist.org

International website:
www.optimist.org

Governor:
Bill Cherolis

Lt. Governor Zone 1:
Jerry Lyons

Officers 2019/20

President:
Larry Darling

Vice-President / Pres. Elect:
Abby Weber

Secretary / Treasurer:
Greg Kuhn

Past President:
Kathy Underwood

Directors

Dave Best
Elbert Bradshaw
Alex Overway
Rick Posson
Grant Weber
Walt Willms

February Birthdays



Glenn Shay

Feb. 17th



HAPPY
GROUNDHOG DAY

Presidents Corner

Greetings Optimists:

First off, I owe everyone an apology. After encouraging you to make BOCI's attendance prominent at the Indiana South District Second Quarter meeting via ZOOM, I missed it. Bill Cherolis confirmed the meeting was recorded for viewing. I'll forward the link upon receipt.

I was installed as your president without a clear vision of how to proceed with helping the kids with the COVID-19 pandemic upon us. While we are still holding the Essay and Oratorical Contests (via ZOOM with recording); we are not able to hold the Tri-Star contest, or deliver food to the Harshman Middle School Food Pantry. However, we are collecting funds so we can provide Harshman a bountiful donation of food when restrictions are released. Please send your cash/check donation to Greg Kuhn at 11951 Glen Cove Ct., Indianapolis, IN 46236, and annotate your check memo line with Food Pantry. Suggestions for how to help the kids is greatly appreciated.

BOCI meetings are held in-person at the Castleton MCL and via ZOOM every second and fourth Monday of the month at 6:30pm. At the last meeting, the Dave and Charlie Wischmann joined us from Florida and Elbert Bradshaw joined us in-person. It was good to see them. Also, Joline Ohmart joined via the ZOOM phone link. Please consider using either of these options, we want to hear from you.

BOCI will be selling the Discover Indy books, \$25 per book, through 9 February. Email me your order at lad734@mymetronet.net. Please step up to the plate and help. We need a chairman and committee for the Bradshaw/Haerle Grant. Please step up.

President,
Larry Darling

The Optimist Creed

Promise Yourself-

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Just a quickie . . .

A teenage boy had just passed his driving test and asked his Dad if he could start using the family car.

The Dad said he'd make a deal with his son, "You bring your grades up from a C to a B average, study your Bible a little and get your hair cut. Then we'll talk about the car."

The boy thought about that for a moment, decided he'd settle for the offer and they agreed on it.

After about six weeks, the Dad said, "Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut."

The boy said, "You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair, and there's even strong evidence that Jesus had long hair."

His Dad replied, "Did you also notice that they all walked everywhere they went?"