



Your BOCI Breakfast Bugle and Your Downtown Club Diner News

January, 2022



Breakfast Optimist Club & Indianapolis Optimist Club of Indianapolis

Serving the Youth of Indianapolis

The Breakfast Optimist Club of Indianapolis

Join us every 2nd and 4th Mon. Evenings - 6:30 PM



1390 Keystone Way S, Carmel

January Meetings:

January 10th: TBA

January 24th: TBA

Upcoming Events:

2nd Quarter Conference –
Jasper - 1/15/22
Plainfield – 1/22/22

Quote of the Month

“An optimist understands that life can be a bumpy road, but at least it is leading somewhere. They learn from mistakes and failures, and are not afraid to fail again.”

– Harvey Mackay



Food Pantry Delivery

The last delivery of food was made prior to the last food pantry day at Harshman Middle School just before the Christmas break.

Rick Posson, Chairman of the food pantry donation works closely with Carrie Murphy who is in charge of the pantry. She lets him know their needs each month, and it depends what they can get from Gleaner's.

For the December donation, we provided lots of canned chicken, canned tuna, spaghetti and spaghetti sauce, and many loaves of bread,

BOCI has been supporting this effort for about 10 years, and it should be noted that we are the only



supporter to the food pantry other than Gleaner's.

Please continue to make donations to this important cause, if you can't attend a meeting to bring your donation, please mail a check to:

Rick Posson
4987 Williams Drive
Carmel, IN 46033

Happy New Year from Our International President

The Holiday season is coming to a close - It's that time of the year when the decorations are being packed up for another year. For most people, the holiday season was filled with parties &



celebrations with family and friends. We hope you were able to take some time to enjoy the majesty of the season. However, for so many, it is a time

filled with sadness, self-reflection, loneliness, and anxiety. The holidays can be an emotionally exhausting and difficult time. This is especially true during the pandemic and COVID 19 restrictions- which doesn't seem to want to go away.

As we approach this new year 2022, I think of a message in a song from the Broadway musical, Annie: "The sun will come out tomorrow, bet your bottom dollar on tomorrowTomorrow is only a day away!" However grim or dark today may seem for some, tomorrow has the potential to bring change. Tomorrow **is always a new day**, and we all have a chance at a new beginning.

This second quarter of our optimist year will be a busy one, providing opportunities to promote & cultivate Optimism: Optimist Day; Club essay and Oratorical Scholarship Contests; Musical Happiness Event, and the numerous events and projects in your community.

This new year is our Tomorrow. Time to re-focus and "Promise Yourself" to go the One Degree More in all you do. Ken and I wish for you all a BRIGHT 2022 Year ahead, and we THANK YOU for BEING AN OPTIMIST!

Patsy Garner - OI President 21/22

Info Column

Items welcomed for future newsletters. If you have something to contribute, send along to your Editor Rick Posson:
rick.posson@att.net

Club website
www.bocindy.com

District website:
www.indianaoptimist.org

International website:
www.optimist.org

Governor:
Mike Novak

Lt. Governor Zone 1:
Walt Willms

Officers 2021/22

President
Abby Weber

Vice-President
Greg Kuhn

Secretary / Treasurer:
Kathy Underwood

Past President:
Larry Darling - RIP

Directors

Dave Best
Alex Overway
Rick Posson
Grant Weber
Walt Willms

January Birthdays



Ken Loudenback Jan. 26th
John Totty Jan. 26th

Presidents Corner

"An optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves." William E. Vaughn.

I know many of us might be tempted to feel a little pessimistic about the past couple of years. With the seemingly unending pandemic and upheaval it has caused for many, it may be very easy to say good riddance, with a couple of choice words, to the past year.

But as optimists I would like to pose a challenge to each of you as you ring in the new year. Take a quick moment to reflect on the past 365 days as the clock strikes midnight. Remember the times spent with friends and loved ones whether in person or just on the phone. Think back on any adventures you had be it traveling across the US or in your own backyard. And cherish the moments when you were just happy, be it many or few. As optimists there is always an opportunity to find the good in a situation and we have the honor and privilege of sharing that feeling with everyone we meet.

So, cheers to the New Year and here's to another 365 days full of happiness and optimism!

President
Abby Weber



The Optimist Creed

Promise Yourself-

To be so strong that nothing can disturb
To talk health, happiness your peace of mind.

and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Just a few . . .

An old man walks into a library and heads to the front desk for assistance. The librarian smiles at the old man and says, "How may I help you today, sir." The man says loudly, "I'll have a cheeseburger, french fries and a small soda, please." The librarian replies sternly, "Sir, this is the library." The old man shrugs and whispers, "I'll have a cheeseburger, french fries and a small soda, please."

What do you call an alligator that breaks the law? A crook-o-dile. What do you call an alligator that makes a living solving crimes? An investi-gator.

What does the ocean say when greeting its friends? Nothing. It just waves. What did the beach say when the evening tide came in? "Long time no sea."

Why are Saturday and Sunday the strongest days of the week? The rest of the days are weak days.

Why did the skeleton decide to stay home from the school dance? Because it had no body to dance with.

Downtown Club News

Downtown meetings will be the 7th and 23rd at 11:30 AM but Zoom only unless the case numbers get a whole lot better. Meetings normally held at the Murat Shrine Club.



Officers

Greg Kuhn, President
Ken Loudenback, Vice President
Charles Curry, Secretary-Treasurer
Bob Brafford, Sargent-at-arms

Board of Directors

Bob Brafford 2 years
Betsy Burke 2 years
Ken Koons 2 years
Charley Koehler 1 year

Special Olympics Bowling

Strike! Spare! Knock 'em down! All were shouts heard at this year's Special Olympics Bowling Tournament. On December fourth and fifth, the lanes at Woodland Bowl and Western Bowl (now Royal Pin Western) were filled with athletes from across the state. Bowlers 8 years old and older registered and competed in the State Finals from counties throughout Indiana.

As you may imagine, a two-day tournament like this one requires many volunteers to be successful. Of course, our Optimist Club members were there to help. Volunteers were lane judges, runners, and assistants for the bowlers who used ramps. Optimist Club members



were glad to help, and thoroughly enjoyed seeing how thrilled the athletes were to take part in this event. Volunteers and athletes alike will remember this day of athletic competition, where the spirit of sportsmanship and courage reigned! Seeing these athletes work hard to do their personal best and also cheer on their fellow competitors really makes a mark on your heart.

The Indiana Special Olympics website notes that "Special Olympics Indiana is a nonprofit organization that is a part of the global Special Olympics movement, using sport, health, education, and leadership programs every day around the world to end discrimination against and empower people with intellectual disabilities.



Founded in 1969, Special Olympics Indiana has grown to more than 18,000 athletes and unified partners in virtually every county throughout the state. With the support of over 10,000 coaches and volunteers, Special Olympics Indiana provides year-round sports training and athletic competition in more than 20 Olympic-type sports for children and adults with intellectual disabilities at no cost to the participants." As you see, the Indiana



Chapter of Special Olympics can always use the help of local volunteers. To

volunteer for next year's bowling tournament, or to find other volunteer opportunities with Indiana Special Olympics, keep an eye on their website at www.soindiana.org.

Special Olympics Indiana relies entirely on individual, corporate, and civic donations. It does receive funds from state or federal funds and is not a United Way agency.

Salvation Army Bell Ringing

On Wednesday December 15, 2021 the Indianapolis Downtown Optimist Club participated in its annual Bell Ringing for the Salvation Army.

As in the past several years, we continued to serve in the Sun Garage (48 W Maryland Street) of Circle City Downtown Mall. This is a great location to keep our volunteers inside from the possible cold weather. The Salvation Army brings the Red Kettle with stand, bells, etc as we begin and picks it all up when we finish our designated time.



We always take a seven-hour block of time dividing it into seven one hour shifts for our volunteers. One person per shift is sufficient but we like to have two working together.

A big THANK YOU to all our volunteers for supporting this club activity this year after having to take a year off in 2020. Club member, Angela Bridge started our bell ringing at 11:00 followed by Betsy Burke, Greg Kuhn, Kenny Loudenback, Vally Allen, Charley Koehler, Sandy Judkins and her daughter, Bob Brafford and Jack Huter.

We will look forward to this club activity again in 2022. If you want to be a volunteer for this activity, please let us know. If we have more volunteers we could possibly add another hour or so to our service time!

Thanks again to our volunteers for giving of their time during a busy holiday season!



President's Comments

Wow, what a year! We are still standing despite the random forces of the universe. Heck, even the 1-4 Colts are knocking on the NFL play-off door.

Purdue football soared and IU went back to the drawing board. Earth had a couple close calls with meteors, but no major impacts. NASA sent up the Webb telescope to explore the fringe of the known universe. My wife refuses to get on an airplane but goes to restaurants three times a week.

Somehow, I survived three National Park visits. We have gone 359 days without an insurrection and 352 days without a presidential impeachment.

Jobs go begging, while aid to businesses and individuals is measured in the trillions. The stock market has continued to go up and up.

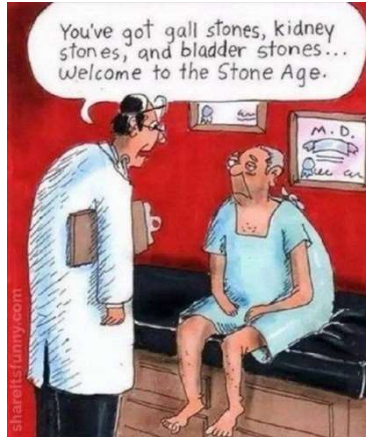
What will 2022 bring? More of the same. At least more of the same uncertainty.

Thru all of this, our optimism has been a constant positive influence. Despite the loss of stalwart members, we have persevered in meeting via Zoom or in person. We have continued with projects large and small to make our community better. We have helped children have a better life. For this, I am proud to be an Optimist and thank all of you who have helped. It's quite a list: rank essays, donate to

the food bank, deliver pumpkins, ring the Salvation Army bell, approve grants to our partners, support a Thanksgiving family, and clothe-a-child.

Happy New Year everyone and never quit or lose heart!

Greg Kuhn
President



From Our Governor

Hello Fellow Optimists, I hope all of you had a very Merry Christmas and were able to spend time once again with family and friends. Our time

together is precious, may we never take it for granted. As we approach the end of the first quarter of the 2021-22 Optimist year, I look back with mixed emotions. On the positive side,

many clubs are once again meeting in person and at District Conferences as well. Clubs are conducting activities with the kids in their schools and communities which is a blessing for all of us. I have been able to travel throughout the District installing new officers, visiting at club meetings, and talking to old friends and meeting new Optimists along the way.

On the sad side, we have had several members leave us, and have passed on to Optimist Eternal. My condolences to their families and club members feeling their loss. May we never forget these members: Larry Darling-Indianapolis Breakfast Elbert "Brad" Bradshaw-Indianapolis Breakfast Robert Finnegan-Indianapolis Breakfast Robert Fisher-Indianapolis Northside Philip Roberts-Indianapolis Northside Robert Scheidler-Greensburg Patsy Schladand-Jeffersonville.

Because of our common bond as Optimists, we have had the pleasure of knowing these individuals and how they have touched our lives in so many ways. Optimism is family. around the world and we celebrate the 100th Anniversary of Optimist International.

