



# Your BOCI Breakfast Bugle and Your Downtown Club Diner News

March, 2022



*Breakfast Optimist Club & Indianapolis Optimist Club of Indianapolis*

*Serving the Youth of Indianapolis*

## The Breakfast Optimist Club of Indianapolis

Join us every 2<sup>nd</sup> and 4<sup>th</sup> Mon. Evenings - 6:30 PM



1390 Keystone Way S,  
Carmel

### March Meetings:

March 14<sup>th</sup>: TBA

March 28<sup>th</sup>: TBA

### Upcoming Events:

3rd Quarter Conference –  
April 23, 2022 ~ Hilton Garden Inn, Edinburgh

### Quote of the Month

“The habit of looking on the bright side of every event is worth more than a thousand pounds a year.”

- Samuel Johnson



## Tri-Star a Hit!

After taking 2 years off because of Covid, we were able to return to the Lilly Boys & Girls Club to put on another Tri-Star Basketball event.



Thanks to all of the volunteers from both Clubs for lending a hand to our Chairman, Alex Overway!



**Ill never forget the look on the cashiers face, when she scanned the packet of bird seed, And I asked her how long does it take for the birds to grow once I plant them.**



Finally found out why the fish weren't biting..



## Info Column

Items welcomed for future newsletters. If you have something to contribute, send along to your Editor Rick Posson:  
[rick.posson@att.net](mailto:rick.posson@att.net)

Club website  
[www.bocindy.com](http://www.bocindy.com)

District website:  
[www.indianaoptimist.org](http://www.indianaoptimist.org)

International website:  
[www.optimist.org](http://www.optimist.org)

Governor:  
Mike Novak

Lt. Governor Zone 1:  
Walt Willms

### Officers 2021/22

**President**  
Abby Weber

**Vice-President**  
Greg Kuhn

**Secretary / Treasurer:**  
Kathy Underwood

**Past President:**  
Larry Darling - RIP

### Directors

Dave Best  
Alex Overway  
Rick Posson  
Grant Weber  
Walt Willms

## March Birthdays



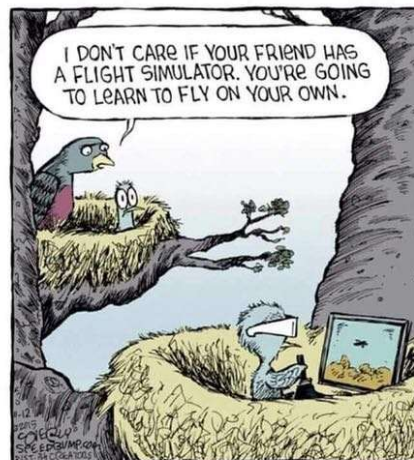
**Sherry Gillis**      **March 8<sup>th</sup>**  
**Kathy Underwood** **March 8<sup>th</sup>**

## Presidents Corner

Two weeks ago, we had a great group of folks turn out to help run the TriStar Basketball Event, Chaired by Alex Overway. I was able to attend and it was an absolute blast seeing how excited the kids were. Rick got lots of pictures that we can share with the club. I just wanted to send a huge shoutout to everyone that volunteered! We all met up for dinner at Shapiro's afterwards and celebrated a very fun event!

We will be discussing the event lineup for the coming months at our next meeting so keep your eye out for new opportunities as we get back out in our community! As a reminder we will be hosting 1 meeting at MCL per month and our second "meeting" will be an event paired with a meal!

*President*  
**Abby Weber**



## The Optimist Creed

Promise Yourself-

To be so strong that nothing can disturb  
To talk health, happiness your peace of  
mind.

and prosperity to every person you meet.

To make all your friends feel that there is  
something in them.

To look at the sunny side of everything and  
make your optimism come true.

To think only of the best, to work only for  
the best, and to expect only the best.

To be just as enthusiastic about the  
success of others as you are about your  
own.

To forget the mistakes of the past and  
press on to the greater achievements of  
the future.

To wear a cheerful countenance at all  
times and give every living creature you  
meet a smile.

To give so much time to the improvement  
of yourself that you have no time to criticize  
others.

To be too large for worry, too noble for  
anger, too strong for fear, and too happy to  
permit the presence of trouble.

## Just a few Weight Jokes . . .

I discovered a shortcut today. If you put your Fitbit in the dryer, you can get a head start on your steps. I had 3,800 steps in before I put on my pants!

Why did the diet coach send her clients to the paint store? She heard you could get thinner there.

"I'm not interested in any diet plan unless it lets me use rollover calories."



How Man Learned to Swear.

# Downtown Club News

Downtown meetings will be the 11<sup>th</sup> and 25<sup>th</sup> at 11:30 AM. Murat Shrine Club.



## Officers

Greg Kuhn, President  
Ken Loudenback, Vice President  
Charles Curry, Secretary-Treasurer  
Bob Brafford, Sargent-at-arms

## Board of Directors

Bob Brafford	2 years
Betsy Burke	2 years
Ken Koons	2 years
Charley Koehler	1 year

## Essay Contest

This year's contest is shaping up to be a good one!

Whereas last year we had 17 entries, this year we have 42. Winners will be announced in our April newsletter.

We had some very nice feedback from a winner of our 2015 Essay Contest. When claiming the scholarship she won back in 2015, Angelica Letcher and her mother, Darla, both gave credit to Angela's interest in Communications as a possible career to getting her start in our contest. She is now a junior at Butler University majoring in Strategic Communications.

She recently completed an internship for Governor Holcomb last summer in the Communications field, and she is currently spending a

semester in Washington, D.C. working as a press assistant to a Congresswoman.

She and her mother thank the Downtown Optimist Club for "providing a positive experience and making her aware of her talents at such a young age". She says she is "living her dream".

## Optimist Night at the Indians

Save the date on your calendars that Tuesday, June 21<sup>st</sup>, will be our annual social event/fundraiser at an Indianapolis Indians baseball game.

Tuesdays are dollar hotdog nights, and some other items such as crackerjack and chips are also only a dollar. We have reserved 100 tickets.

We will be taking reservations in May, so please plan to join us. Contact Bob Brafford with any questions.

## Patrick L. Grady 1926-2022

Optimists everywhere are mourning the passing of Patrick L. Grady on February 2, 2022.

Not only was he President of our club (The Indianapolis Downtown Club), but he was District Governor and then President of Optimist International in 1975-76, the last of our four International Presidents.

He will be missed, but his legacy will carry on. Our sympathies go out to Mary and the family.



## President's Comments

### *Nothing Submitted*

### *How 'bout some positive QUOTES to get you through the week? (Courtesy of Vally Allen*

\*\* Winnie the Pooh once said, "I knew when I met you an adventure was going to happen!"

\*\* Do more than belong: Participate. Do more than care: Help. Do more than believe: Practice. Do more than be fair: Be kind. Do more than forgive: Forget. Do more than dream: Work. -- William Arthur Ward

\*\* If you think you are too small to make a difference, try sleeping with a mosquito. - - Dalai Lama

\*\* The POSITIVE THINKER sees the INVISIBLE, feels the INTANGIBLE, and achieves the IMPOSSIBLE. GUESS WHO.....Winston Churchill

\*\* If you judge people, you have no time to love them. -- Mother Teresa

\*\* Don't let anyone rob you of your imagination, your creativity, or your curiosity. It's your place in the world; it's your life. Go on and do all you can with it, and make it the life you want to live. -- Mae Jemison

\*\* It's not the load that breaks you down - it's the way you carry it. -- Lou Holtz

\*\* Kindness is a language which the deaf can hear and the blind can see. -- Mark Twain